



Healthy, Tasty Food produced with love

We pride ourselves in producing food that is delicious, diverse (inspired by cuisine from around the globe), interesting, and pleasing to the eye. If that isn't enough our food is also healthy and good for you.

Vegetarian Catering at its best

We specialise in tailor-made solutions for your event. Be it a meal at home, a birthday or anniversary party, a wedding, a corporate or any other type of event.

ChangeKitchen CIC Director Birgit has 20 years of experience in vegetarian catering for **vegan**, **gluten-free** and **allergy related diets**. We can make any event special at **very competitive rates!**

Simply call us to discuss your event and we will find the best solution for you and your guests.

ChangeKitchen CIC is awaiting confirmation of **Silver** or even **Gold Award** for the NHS **Healthy Choices** scheme.



ChangeKitchen CIC is a social enterprise. This means we are a business that is dedicated to making a **positive difference to our local community**. We do this by offering training, guidance, work experience and employment to individuals who have previously found this difficult.

But that's not all! All of the food we prepare is completely vegetarian too. Not that you would notice, thanks to our **diverse and tasty menus**. Many of our ingredients come from local suppliers and where possible we use organic and fair trade. Please let us know if you would like a **fully organic** spread.

In addition to all this ChangeKitchen CIC has a strong commitment to reducing waste, energy use and our carbon footprint.

HEALTHY EATING COURSES AVAILABLE

We are proud to announce that we are now able to take bookings for our healthy eating, living and organic gardening courses too.

Please get in touch for our **Nutritious and Delicious** cooking course. We also deliver **Fork to Fork** and **5-A-Day On A Budget** to community groups.

The proof of the pudding:

Testimonials

“This is the best food I had at any event... and I go to a lot of events.”

Comedian **Barbara Nice**, Birmingham

“Even my meat-loving relatives loved ChangeKitchen’s food and wanted to know about who the caterers were”

Caroline Hutton, Birmingham

“Martineau Gardens is delighted that Birgit Kehrer is now part of a Social Enterprise, so we can ‘shop for change’ while we enjoy her food”

Martineau Gardens, Birmingham

“ChangeKitchen prepared and delivered a wonderful selection of fresh, delicious food. Many of our party guests commented on the quality of the food and how it was a **refreshing alternative menu**.

Friendly staff made sure that everything was presented well and that we had all the serving equipment we needed. Thank you to everyone at ChangeKitchen for helping to make our party a success”

Apec Architects, Birmingham



Contact us today

Get in touch to discuss your event, book training, request a menu or sample our delicious, healthy food.

ChangeKitchen CIC

Director: Dr Birgit Kehrer

Mobile: 07828825850

thechangekitchen@gmail.com

www.changekitchen.co.uk

122 Pershore Road
(corner of Claybrook Street)
Birmingham
B5 6PA

‘Cooking up change’

www.changekitchen.co.uk

